







This resource will help you develop your own COVID-19 risk assessment and identify the potential risks you will need to mitigate to comply with Health and Safety Executive standards. The template is a starting point and can be used alongside guidance from the Health and Safety Executive and where relevant, any additional requirements stated by your landlord if you rent a therapy room in a commercial premises.



Employers and many self-employed persons are legally required to protect employees and others from harm under section 2 and 3 of the Health and Safety at Work Act 1974, and part of this requirement entails the assessment of hazards and risks and more specifically, the elimination or mitigation of those risks under The Management of Health and Safety at Work Regulations 1999 (MHSWR). The MHSWR requires employers and the self-employed to undertake a suitable and sufficient assessment of the risks to the health and safety of themselves, clients and others who may be affected. Those who are self-employed will usually be exempt from health and safety obligations if their work activity poses no potential risk to the health and safety of others, but this is unlikely to apply to therapists

hazards

risk assessment must look at:	



The order in which the necessary control measures should be considered is:

- Elimination
- Reduction
- Isolate
- Control
- PPE
- Discipline



